

Principal: Mr. John O'Donovan  
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MEÁN SCOIL NAOMH IOSAIF  
**ST. JOSEPH'S**  
SECONDARY SCHOOL

November 2022

Re: Relationships and Sexuality Education

Dear Parent/Guardian,

Young people today are presented with many challenges, which affect their social and personal health.

Here in St. Joseph's, through the SPHE, (Social, Personal and Health Education), Wellbeing programme, and other classes, students learn to develop important skills for living a healthy and well-balanced life. Elements of SPHE and Wellbeing are also approached in such subjects as Religious Education, Science, Biology and Home Economics.

The RSE, (Relationships and Sexuality Education), programme which is a component of SPHE is about providing information in a structure which promotes the development of responsible attitudes, values and beliefs about sexuality, relationships and intimacy.

On occasion, agencies appropriate to the topics being discussed, are invited in to the class to address the students, (eg: South West Counselling Services, Cura, Aware, The Rape Crisis Centre, HSE, Kerry Diocesan Youth Service, etc). The RSE programme will be conducted in harmony with the Catholic, Christian ethos of St. Joseph's.

We recognise that parents have the primary responsibility for the personal development of their children and it is our wish to compliment that role. While we assume that all students will want to participate in RSE, if you have any concerns about your son/daughter attending these classes please contact the programme co-ordinator at the school, by appointment, to discuss the same.

Yours Sincerely,

Mrs R Kelly,  
(SPHE Co-ordinator).